

The Irish Connection

The Irish American Society of Tidewater News

June 2017

The Irish American
Society of
Cidewater, Virginia,
was established in
1980 to promote
and preserve Irish
culture, and all
things distinctly Irish.

Membership is open to persons of Irish birth or ancestry, as well as those persons who have an interest in Irish history and culture.

OUR NEXT MEETING: JUNE 1, 2017

> Meetings are held the first Thursday of the month at the Church of the Ascension Community Center 4853 Princess Anne Rd Virginia Beach, VA.

Doors open at 6:30 p.m., the meeting usually gets underway at 7:00 p.m., ending at 9:00 p.m.



PRESIDENT'S CORNER

To my fellow Irish American Society members:

I had a wonderful time seeing you all at the May meeting, where **Kathryn Peterson Lambert** presented a very interesting program on the native plants of Ireland and Scotland and their many household uses. I had never considered weeds as part of my Irish heritage before, but I do now! Thank you so much, **Kathryn**! The IAS Breakfast at Murphy's was fun, as well! I was very happy to see so many friends come out for some delicious food and good company. My little Colin was especially happy to receive so many hugs!

Céad míle fáilte to our newest IAS member, Patrick Kennedy! Patrick joins us with a lot of experience and interest in Irish set dancing, so we hope to make good use of that knowledge with a dance program in the fall and periodic dancing throughout the year. If any of you are interested in helping to teach/organize a night of ceili and set dancing, please e-mail ias.tidewater@gmail.com. I know we have a lot of fantastic dancers and dance enthusiasts in our community, and we would love to have you join us!

In addition to a fabulous program in June and an Ice Cream Social in July, the IAS has also secured a Chipotle Fundraiser on **Wednesday**, **July 12**th at the Landstown Chipotle near Finn McCool's! From 4PM – 9PM, 50% of the proceeds made from patrons who mention the IAS at the Landstown Chipotle will go to our organization. How cool is that!? Chipotle will be providing us with an official flier very soon that we will be sharing online and at meetings. Please spread the word and plan to bring yourselves, family, friends, coworkers, and neighbors to this fundraiser!

As I mentioned, we also have a great program lines up for our **June 1**st meeting! Our reigning IAS Princess **Sandy Archer**, who is currently visiting Scotland, Ireland, and Wales, will be taking us on a photo tour of Ireland as seen from

a first-time visitor. I am looking forward to her presentation as well as hearing other members' experiences at the same spots. My family traveled to Ireland in August 2003 (during the heat wave), and my husband, Matt, and I took a wedding trip there in September 2013. With so many members who have traveled to Ireland and/or know so much about the island, we should have a good time at the June meeting!

Please remember that we will be conducting our quarterly **CHKD Collection** at the June meeting! Here are some guidelines:



CHKD Child LIFE Program

CRAFTS For KIDS

Unacceptable Donations:

- Toys must be new.
- No glass, brittle plastic, or sharp edges.
- No toys with small removable parts.
- No food, candles, knives, razors, latex balloons, medicine, violent toys or video games, or toys/books with religious themes.

Acceptable Donations:

Coloring books, craft glue, wooden craft kits, crayon paint and watercolor paint, markers, paint brushes, play dough, rattles, Fisher Price little people, board games, matchbox cars, Legos, playing cards, action figures, Barbie dolls, puzzles, books, wooden trains, bubbles, stress balls, small pinwheels, stickers, and batteries.

For more information see their website: www.chkd.org/Support-Us/Other-Ways-to-Give/Donate-to-Child-Life

See you all soon!



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The Irish American Society of Tidewater

P.O. Box 9614 Virginia Beach, VA 23450



OFFICERS

President

Katie McCrory

Jr. Vice President Caroline Morse

> Treasurer Kate Sandoval

Recording Secretary Cheryl Mulliken Brown

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Membership

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HOSPITALITY Volunteers Needed

NEWSLETTER Lori Shea, editor lorishea@aol.com

Sunshine Bulletin email Lori Shea

INTERNET NEWS

Vera Dotson



THE PARTING GLASS



Sympathies to the family of **Anne Schuck** Devereux, especially her daughter, Maureen Devereux Bussey. Maureen lost her husband of twelve years, Dave Bussey, on March 24th. He was only 42 and had been experiencing some ongoing health issues, but his passing so suddenly was a total shock. Anne relates that their two fur babies have been a huge comfort and blessing to Maureen in her grief, and Anne asks, "Please pray for us." Anne also lost her husband after only twelve years and thus really understands the deep pain her daughter is feeling.

Sympathies to Tamara Cervi for the loss May 15th of her dear cousin, Michelle Ballard Adamopoulos. This has been such a terribly cruel year for their entire family. Michelle had been fighting cancer for many years and then suffered a stroke in January. She leaves behind a cherished young daughter, Arianna Valentina Adamopoulos, and a dear husband, Dimitri Adamopoulos. Tamara had just been over to visit all of them at their home in Greece exactly one year ago. She is currently collecting money to help pay for Arianna's school tuition. Arianna attends the American School, which she loves, in Athens, and her mother wished for her to continue there as long as possible. Tamara's deadline for getting tuition to the school is June 7th; anything anyone can donate would be greatly appreciated. You can contact Tamara for PayPal information via Facebook message or email (tamaracervi@hotmail.com). Also, Michelle's

best friend started a Go Fund Me campaign to help the Adamopoulos family pay all of Michelle's mounting medical bills. If you wish to contribute to that, here is the link. https://www.gofundme.com/3apcu5s

Deepest condolences to Johanna O'Donnell McNally Gross, a Past President of the IAS, on the recent loss of her dear husband Johann "John" Gross. John passed away on May 14th. The wake was held on Thursday, May 18th at Altmeyer Funeral Home in Virginia Beach. A

Mass of Resurrection was celebrated at St. Nicholas Catholic Church in Virginia Beach on Friday, May 19th. Quite a few IAS members were in attendance, including multiple past and present officers and board



members. There was a Funeral Procession to Eastern Shore Chapel Cemetery immediately following the Mass, after which there was a reception back at the St. Nicholas church hall. Please visit the link below for John's obituary. Johanna, we are so sorry and are thinking of you, John, and your entire family. http://www.altmeyerfuneralandcremation.com/ obituary/johann-john-gross/

> "May those I've loved through all the years Have memories now they'll e'er recall; So fill me to the parting glass, Goodnight, and joy be with you all."



June 9, 2017 has been designated the first International Day of Celtic Art. Artists, scholars and lovers of Celtic Art worldwide are celebrating. Check Facebook for details!

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CÉAD MÍLE FÁILTE

One hundred thousand welcomes from the IAS to new members and to newborns in the local Celtic Community!

Welcome to new members Laurie Macpherson and Dale Walker! Laurie and Dale are technically still newlyweds, having married in September 2015! Laurie was born and raised in Canada in a family very involved in the Celtic arts of Highland dance and bagpiping. Laurie did her advanced degrees in Scotland, and then settled in the US, where she is a professional nurse midwife. Dale is a civil engineer. He studied at the University of Illinois and the United States Coast Guard Academy. Dale is retiring this year after 44 years in the USCG! Thank you for your service, Dale. Laurie and Dale enjoy traveling, supporting the arts, and socializing with friends and family. We are delighted to have you join us!



Welcome to baby boy **Jonah**, who joins mom **Nina Coletti Galvez**, dad **Aaron Galvez**, and big sis **Vivian Galvez**! Nina was our IAS Teen Princess in 2009, and she was also a champion Irish step dancer with *An Cor Rud*.





Welcome to baby girl **Tipper-Nell**, who joins mom **Emily Ahern Wareing**, dad **Max Wareing**, and big sis **Harper Mae Wareing**. Emily was our IAS Teen Princess in 2002, and she was also a champion Irish step dancer with *An Cor Rud*.



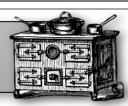
Welcome to baby girl Marcela, first child of Meagan Oglethorpe Garibay and husband Erick Garibay! Meagan was our IAS Teen Princess in 2008 and a champion Irish step dancer with An Cor Rud. In addition, Meagan is the niece of Maureen Tobin Cahill, our IAS Adult Princess 2009.

Did you recruit someone new?
Send us a picture and/or tell us about our newest members!
Want to make a birth announcement from within the local Celtic
Community? Send us a photo and/or the details!



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CELTIC KITCHEN



Submitted by Lynnette Fitch Brash

I stumbled across a fascinating article online a while back that had a series of unique new cake flavors created by mixing just two ingredients - one box of cake mix and 12 ounces of soda. How is that for easy peasy?! If the pantry is bare and you don't have time to run to the grocery, you are still good to go as long as you have a box of cake mix and a bottle of soda on hand! Depending on what flavor cake mix you combine with what flavor soda, you can create all kinds of specialty cakes. For example, French Vanilla Cake Mix + Orange Soda = Creamsicle Cake. Yum! This really appealed to my imagination. You can also actually cut the number of calories in each slice of cake by using DIET soda with the cake mix. Here's the link to the article. http://www.huffingtonpost.com/2014/08/27/easy-cake-recipeuse-soda-be-bubbly_n_5717767.html

Based on the cake mix + soda concept, I came up with two delicious new cake recipes which I jazzed up with a few additional ingredients. I wanted to create fresh desserts bursting with flavor using summer berries now that they are in season. I also wanted to follow the Irish & Scottish habit of layering cake with fresh whipped cream (rather than covering the cake with heavy sugar-based icing) in order to keep the desserts light and airy.

For our family Easter dinner this year, I wanted to create a cake with loads of strawberry flavor, because that is my Dad's favorite. For our family Mother's Day luncheon, I wanted to do a riff that really amped up the flavors on a lemon-blueberry cake recipe from DELISH which Eileen Walker had posted on Facebook. Both of my cakes were huge hits with family members of all ages, and also fairly quick and easy to make, so you can follow these recipes with absolute confidence that they will be delicious! (Note: See the Blueberry Recipe next month!) NOTE: You can make the cake layers a day or two ahead, cover the pans with cling wrap, and store them in the fridge until you are ready to build the dessert. I recommend you whip the cream and layer the cakes with it on the day of your event shortly before your guests arrive so your dessert looks and tastes fresh.

LYNNETTE'S STRAWBERRIES FIVE WAYS LAYER CAKE

- 1 box strawberry cake mix, any brand
- 12 ounces strawberry soda, any brand
- Large glass or stainless steel mixing bowl
- Electric hand mixer
- 2 nine-inch cake pans
- Cooking spray (like Pam)
- Toothpick

- 1 jar strawberry preserves (not jelly or jam)
- 1 cup heavy cream, very
- 2 Tb Stevia (I use Stevia rather than confectioners sugar to cut calories)
- 1/2 Tb strawberry liqueur or strawberry vodka (can sub a blackberry liqueur), very cold

LYNNETTE'S STRAWBERRIES FIVE WAYS LAYER CAKE

Preheat oven as per instructions on back of cake mix box.

Spray cake pans with cooking spray on all inside surfaces. In a large mixing bowl, blend the box of cake mix and the soda with a hand mixer until everything is wet. Pour half in one cake pan and half in the other. Place both pans in the oven and cook



as per the instructions on back of cake mix box. In the meantime, rinse out the mixing bowl and beaters from the mixer. Place bowl and beaters in freezer to chill until you are ready to make the whipped cream (at least 20 minutes to get really cold). Test cakes for doneness by inserting toothpick. If it comes out of center of cake clean, then cake is ready to come out of oven. Let the cakes cool completely. When you are ready to assemble the dessert, start by making the whipped cream. In the chilled mixing bowl, pour the cream, Stevia, and strawberry liqueur. Using the chilled beaters, mix these ingredients on high until stiff peaks form (usually about 1 minute). Do not mix too long or you might

end up making butter!!! Place one cake layer on a cake plate. Spread the entire top surface of this with a layer of strawberry preserves. Then spread a generous layer of whipped cream on top of this. Then put thin slices of strawberries on top of the whipped cream in a circular pattern. Repeat with second cake layer.

Also, the leftover cake – if there is any – will only keep a couple days because of the cream, so cut big slices and send extras home with your guests so not one scrumptious crumb goes to waste!

Part One - tune in next month for another recipe!



grandsons go strawberry picking!

We welcome recipe submissions from ANY AND ALL Írish American Society members for the Celtic Kitchen column! Got a dish that always gets compliments? Share your recipe, along with a little background history, with the rest of the IAS! Send submissions to our editor, Lori Shea, at lorishea@aol.com.

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CONGRATULATIONS to the House of Burgesses on **Billy Burgess's** May 2017 graduation from the **University of Virginia**, his step-mom **Lisa Hunt Burgess's** alma mater! Well done to the grad and to the rightfully proud Dad **Earl** and *belle*-mère **Lisa!** Can they get a Wah-hoo-wah?!



INCREDIBLE JOB, as always, to Erin Morrissey and all the other participants in the Law Enforcement United's 8th annual "Road to Hope" this May. Erin and her colleagues provide support every stage of the journey for the cyclists who ride the 250 miles to DC in three days. Their mission is to fundraise to support the fallen and remember the survivors. This culminates in a candlelight vigil in DC during **Police Week** for law enforcement personnel killed in the line of duty. This year, LEU donated \$50,000 to Spirit of Blue, \$100,000 to Officer Down Memorial Page, and \$450,000 to Concerns of Police Survivors for the camp for children of officers killed in the line of duty. Huzzah to Erin and everyone else involved in this fantastic volunteer achievement!



HAPPY 85TH
BIRTHDAY to the senior Edward Brash up in Kingston, Ontario, Canada!
Here's a picture of the birthday boy with his wife Shirley, son Edward, and daughter-in-law



Lynnette at the **Giant's Causeway** in Co. Antrim during the trip they took to Ireland together for his 84th birthday last May!



well done to new IAS member Laurie Macpherson who was elected President of the Scottish Society of Tidewater at their May meeting! Hubby Dale Walker was also elected to their board. Just two more great reasons to look forward to an era of increased camaraderie with our Celtic Cousins in the SST! Here's a picture of Laurie & Dale at the Clan Macpherson gathering in Scotland last summer.

HOW NICE Kate Sandoval and Cecilia Thomas with Irish Tenor Anthony Kearns at his concert in Williamsburg on April 8th.

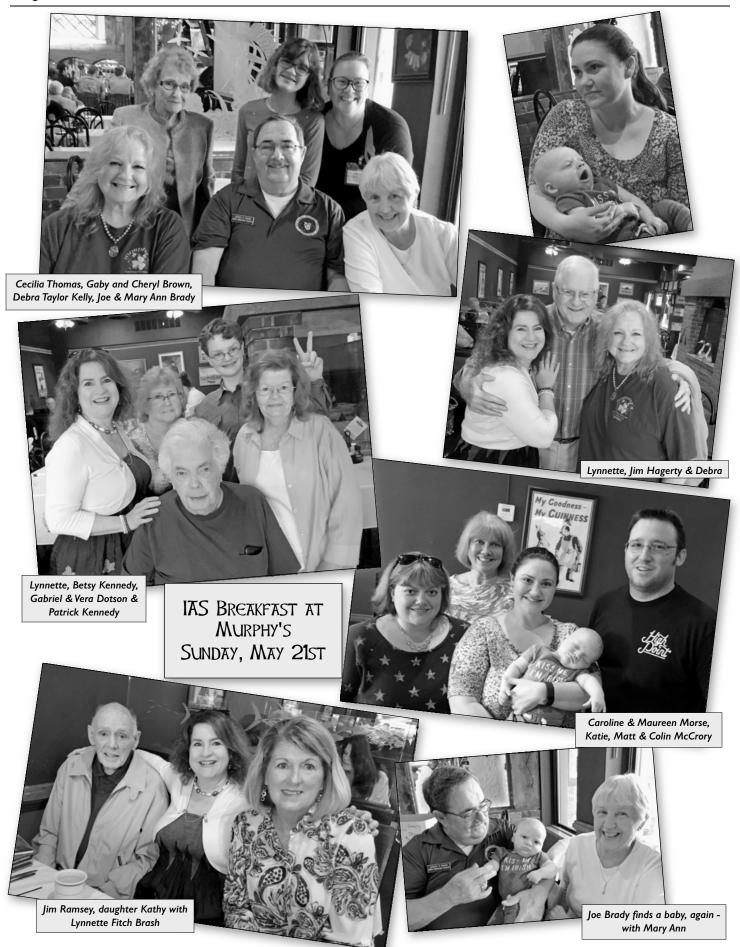




WELL DONE to Olivia Sandoval, our 2015 Jr. Princess. She appeared as Rafiki in the Old Donation School production of *The Lion King*.

Please feel free to submit news about yourself and/or other current or former IAS members, with or without pictures!

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IRISH ABROAD



IAS Adult Princess 2017 Sandy Archer and her good friend Marti Alexander are on the trip of a lifetime currently in Ireland, Scotland, Wales, and England! Come to the June meeting to hear Sandy tell about the trip and show some pix from their travels in Ireland! Here is a sneak peak of some of their adventures!



Sandy checking out a British phone booth - had to be done!

Clan O'Neill enjoying their latest visit to Ireland! Tim is currently stationed in Brussels, so they are taking advantage of the opportunity to travel around the EU again.

For newer members who might not know them, Tim was on the IAS board and in the Irish Color Guard, Kate was our IAS Adult Princess 2010, and Moira was our IAS Little Miss Princess 2010 and also studied Irish dance in An

> Cor Rud (The Reel Thing School of Irish Dance).



Kate and Moira found a cozy nook in a pub in Killarney



Tim with Moira, Finn, and Bobby getting ready to take the ferry to the Aran Islands!



CU CORNER

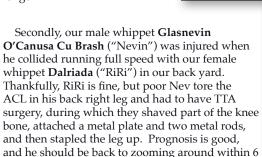
of the plain!



Hear all the latest about our Hibernian hounds! Feel free to submit news and/or pictures relating to Irish breed or Irish-owned dogs!

Submitted by Lynnette Fitch Brash

We have GET WELL best wishes for three of our canine IAS Paddy Pack members this month. First of all, walker hound Connor Morrissey is recovering from a fight with another dog, which resulted in Connor having to get stitches and a drainage tube. Mom Erin has been taking very good care of him, and he should be right as rain before much longer.



regular schedule of antibiotics and pain meds,

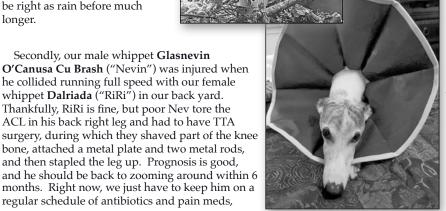
prevent him from licking the incision, and stop him from running, jumping, or climbing. That last one is harder than you might think, because stubborn "Born to Run" Nevin doesn't understand why he can't still go running with Daddy every morning!!! Nevin would gladly do it hustling on three legs if we would let him.

Finally, Ms. Grumbles, Clan Rickerson's beloved dog, isn't doing well. "Ms. G" is such an integral part of their family that she even took part in Kat and Brad's wedding ceremony! As Kat relayed, "She has had a couple of neurological events in the

past few weeks. The vet



probably has a brain tumor and has had it for some time. There isn't much in the way of treatment, unless we want to go to extreme measures. Even then, prognosis is not good. We are still debating our options and she is on meds as of a few days ago. She isn't in any pain. There is not a veterinary neurologist in this area, so we would have to travel just to get a definitive diagnosis, which is an invasive procedure." Kat and Brad have declared this the "Summer of G", and they are taking their precious fur baby with them everywhere as they tick off a doggy "bucket list" of good times for her. Prayers are welcome and appreciated.



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CELTIC KIDS CORNER SE

"Native Plants of Ireland and Scotland" Presented by Kathryn Peterson Lambert Thursday, May 4, 2017

LEARN IRISH GAELIC

Samhradh:

[sow-ra]

Summer

