



The Irish Connection

The Irish American Society of Tidewater News

February 2016

The Irish American Society of Tidewater, Virginia, was established in 1980 to promote and preserve Irish culture, and all things distinctly Irish. Membership is open to persons of Irish birth or ancestry, as well as those persons who have an interest in Irish history and culture.

OUR NEXT MEETING:
FEBRUARY 4, 2016

Meetings are held the first Thursday of every month at the Church of the Ascension Community Center 4853 Princess Anne Rd Virginia Beach, VA. Doors open at 6:30 p.m., the meeting usually gets underway at 7:00 p.m., ending at 9:00 p.m.



PRESIDENT'S CORNER

Hello,

Well believe it or not, a month of the New Year has passed.

Are we all keeping the resolutions that we made for this year 2016?

I just had an Operation on my forehead to remove some skin cancer, thank you all gone, only thing left is the upside down T.

Looking forward to a year of fun and new friendships.

Any ideas on how to make this an excellent year let me or the Board know.

Still planning on a fishing trip one by boat; the other a day on the pier. I will let you all know when, but I will be asking that it is a prepaid affair.

Be careful with the changes in the weather and watch out for ice patches.

Hope to see you all in February!

Bring a new member and some goodies.

Short and sweet.

Joe Brady



2016
ST. PATRICK'S DAY PARADE
NORFOLK, VA
MARCH 19, 2016

As per the IAS by-laws, the annual dues are due each January, and they cover that calendar year, ending December 31st, no matter when during the year you join. Membership dues help pay for our liability insurance, newsletter expenses, the charities we support and our St. Patrick's Day parade floats and festival banners, etc.

You may download membership forms on our website: IRLUSA.ORG or on Facebook.

**A REMINDER:
TO KEEP THESE NEWSLETTERS
COMING - PAY YOUR DUES !**

Irish American Society of Tidewater
Annual Membership Form

Please Note: Your IAS membership is valid for one year from the date you join.

OR Renewal: If renewing IAS membership, complete this form and return it to the IAS Treasurer.

Type of Membership: Individual - \$25.00 annual dues

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

I would like to receive the Monthly IAS News Letter online or via email to my home or office (check one):
☐ Online ☐ Email

Please complete the information above and return this form with your 2016 dues to:
Treasurer, Irish American Society of Tidewater, 21400 Virginia Beach, VA, 23460

We need this form completed to create or have the current information on members in the society, even if you were already a member. There will not be a separate form for this form. Thank you for your cooperation.

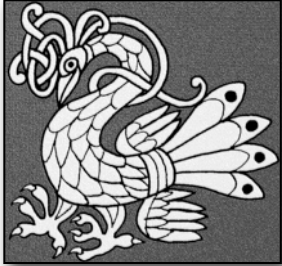
Please complete the information above and return this form with your 2016 dues to the Treasurer, Irish American Society of Tidewater, 21400 Virginia Beach, VA, 23460.

Check one to the IAS Treasurer (Edward Brady) at a meeting:
☐ New Member ☐ Renewal ☐ Transfer

Signature: _____ Printed Name: _____ Group Email: _____ Membership ID: _____

The Irish American Society of Tidewater

P.O. Box 9614
Virginia Beach, VA
23450



OFFICERS

President

Joseph Brady

Vice President

Jackie Trudell

Treasurer

Kate Sandoval

Recording Secretary

Cheryl Mulliken Brown

Financial Secretary

Katie Morse McCrory

Membership

Betsy Kennedy

Sergeant-at-Arms

Jim Hagerty

Past President

Lynnette Fitch Brash

HOSPITALITY

Volunteers Needed

Sunshine Bulletin

email Lori Shea

NEWSLETTER

Lori Shea, editor
lorishea@aol.com

INTERNET NEWS

Vera Dotson

WEBMASTER

Michael Lawler

WEB SITE

IRLUSA.org
look for us on Facebook!



IRISH SODA BREAD

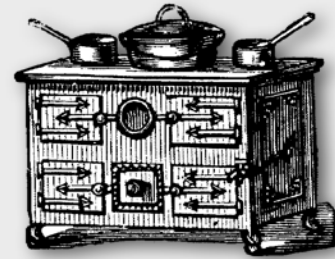
Dry ingredients

4 cups flour
1 cup sugar
1 tsp. salt
3 tsp. baking powder
1 tsp. baking soda
2 tsp. caraway seeds
3/4 to 1 cup raisins
1/2 to 3/4 stick butter /
margarine, softened

Wet ingredients

1 egg
1 1/4 cups buttermilk

CELTIC KITCHEN



Mix dry ingredients together.
Add butter and mix through.
Add wet mixture to this and knead on a
floured surface into a round ball.
Place in a greased pan and bake
approximately 3/4 to one hour at 350*

by **Maureen Honore**

(from *Shamrocks from the Kitchen*, the IAS
Cookbook published in 2000.)



SUNSHINE BULLETIN

Best wishes for a full and speedy recovery to **Lynnee Fitch**, mother of IAS Immediate Past President **Lynnette Fitch Brash**. Mrs. Fitch somehow slipped or tripped on her front porch and fell down the brick steps, landing face first on the sidewalk below. Lynnette's Dad found her there unconscious with a huge lump on her left temple. After being rushed to **VB General** and having x-rays, CAT scans, etc., the doctors determined that she had blood clots in the fluid sack around the lump, a lacerated spleen, multiple fractures to her pelvis, and multiple broken bones in her left shoulder, left wrist, and left ribs. The doctors believe the blood clots will self-resolve. They operated on her spleen that night to stop the bleeding. They operated on her wrist two

days later to put in three metal pins and an external metal bar to hold everything in place. The shoulder, ribs, and pelvis are painful but have to heal on their own with time. After time in ICU, a step down room, and a room in the ortho unit, Mrs. Fitch is being moved to the **Lake Taylor Transitional Care Hospital** to work on regaining mobility. She has to be able to go up and down steps on her own before they will release her home. With the painful wrist, shoulder, rib, and pelvis injuries on top of the knee replacement she just had in November, this will take some work. Prayers are welcomed by the family, and if anyone would like to send Lynnette's parents a card, here is their home address.

Rex & Lynnee Fitch
812 Niland Court
Va Beach, VA 23464

Please notify **Lori Shea**, newsletter editor, at **lorishea@aol.com** if you, a family member, or an has experienced any sort of illness, surgery, hospital stay, loss, or other set back.





ST. BALDRICK'S

Hello Friends,

This is my annual request to you in hopes of your continued support of this worthy cause towards funding the promising research of finding cures for childhood cancers. I have once again volunteered to have my head shaved in support of raising funds for childhood cancer research.

I do it in honor of **José Andres Hernandez** who we lost at age 14 in September 2009 after a long and courageous battle with cancer.

Over the years we, together, have done an excellent job in raising funds in support of such a worthy cause. Providing funding to find the cure for the many childhood cancers so all the children can live the childhood they are suppose to and their parents and relatives can enjoy their children's many achievements. I cannot accomplish this without your support so please donate today. All donations count, both large and small are greatly appreciated.

Your contributions are tax-deductible as allowed to the extent allowed by law.

You can contribute toward my goal in one of three ways:

- By donating online at www.stbaldricks.org/participants/mypage/813303/2016 (This is my personal shavee page).
- By calling toll free at 888-899-BALD (2253).
- By printing out and returning the attached donation form.

You can further assist me in reaching this goal by forwarding this message to anyone and everyone whom you think might be interested in helping to support this worthy

cause.

To see how the **Yes Way, Jose!** team is doing please visit our page at www.stbaldricks.org/teams/mypage/103248/2016.

To learn more about our local event that's happening on **Saturday, 12 March 2016**, starting at 9:00AM and going until 1:00PM, at the Westin hotel at Town Center in Virginia Beach, please visit the event website at www.stbaldricks.org/events/mypage/8040/2016.

To learn more general information about what **St. Baldrick's** is all about, please visit their website at www.stbaldricks.org/. Visit this link www.stbaldricks.org/financials to see how the funds raised over the past several years have been used to date.

Thank you for taking a little time out of your busy day to read my request for your support towards this worthy cause.

Your support is greatly appreciated,

Scott MacGregor

NOTE See page 7 for a copy of the St. Baldrick's donation form

(Below: The MacGregor's in 2015)





CU CORNER



(Note: Cu is Gaelic for dog!)

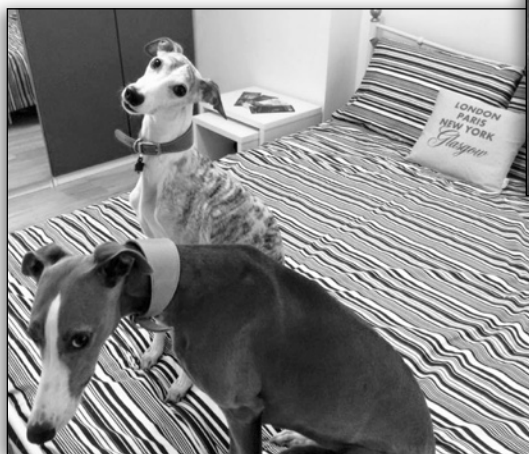


Hear all the latest about our Hibernian hounds!

Feel free to submit news and/or pictures relating to Irish breed or Irish-owned dogs!

Submitted by Lynnette Fitch Brash

As many of you already know, **Edward** and I and our two whippets, **Nev (Glasnevin) & RiRi (Dalriada)**, are currently residing in **Glasgow, Scotland**, while Edward works at the **University of Glasgow** and I enjoy a semester's leave of absence from my job. While getting the dogs over here required quite a few hurdles being jumped before we even left home, not to mention unexpected complications at the airport and a traumatic flight crated in the cargo hold of the plane for our babies, it has been a total love fest for them since landing in Glasgow. You simply cannot imagine a more dog-friendly place!



People here take their dogs everywhere with them – to the shops, to the cafes, to pubs, on the bus, etc. Dogs are part of every day life in this city and seem to be loved by everyone over here. The hardware store on our block engraves dog tags.

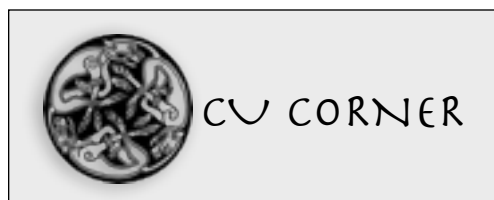
The hotel we stayed at the first two weeks we were here was very accommodating towards Nev and RiRi. The staff wanted to pet and play with them every time they saw them! **Everyone** here cleans up after their dogs, perhaps because it is enforced by law or perhaps just out of consideration, so there is rarely any dog mess to be seen. In addition, people keep their dogs on leash and, if necessary, muzzled. The dogs do not roam loose, and they **rarely** bark. There are quite a few nice parks (two within just a couple minutes walk from our flat) where dogs on leash are welcome. I commented to a local on how happy and well-behaved the dogs here are, and he replied that, "We do not have yard dogs here; our dogs are our family members and live inside with us." Amen, brother!



People in Glasgow love dogs in general, but they seem to love whippets, greyhounds, and lurchers (greyhound or whippet crosses, often with shaggy hair from the other breed) in particular. We've seen more whippets, greyhounds, and lurchers in Glasgow in a month than we have seen in the US **ever!** At the pet stores, they sell special collars that are sized by breed for lurchers, greyhounds, or whippets. It is also very easy to pick up nice rain and winter coats

specifically designed for whippets and greyhounds here. At the pet supply warehouse we visited when we first got here, they even had breed-specific dog food for greyhounds/lurchers/whippets. No other breeds, just these!!!

When we walk Nev and RiRi, which we do several times each day, people often stop to pet and admire them. I can't even count how many people I've chatted with now while walking them! We've also had a shopkeeper rush outside to ask to pet them, take a picture with them to show his girlfriend, and give them each a dog treat – which he had inside the shop! On a subsequent visit, he asked to hold their leashes for me while I shopped so he could visit with them! Several of the pubs we have taken them to have also brought out dog treats and/or water in a dog bowl for them, just to be nice! It's really extraordinary. A dog's life in Glasgow is very good indeed!





THE PRINCESS DIARIES, CONTINUED ...FEBRUARY 2016

BHappy **January** Birthdays to IAS Adult Princesses **Danielle Donovan Dunn** (2001) and **Mary Paris Fien** (1998) and to our IAS MAVA Princess (2000) **Amanda Aasheim Knapp**!

And since it is January, Happy 11th Wedding Anniversary to **Danielle** and her husband **Sid** along with a Happy 3rd Wedding Anniversary to IAS Teen Princess 2001 **Ashley Fordice Valdez** and her husband **Tavis**!

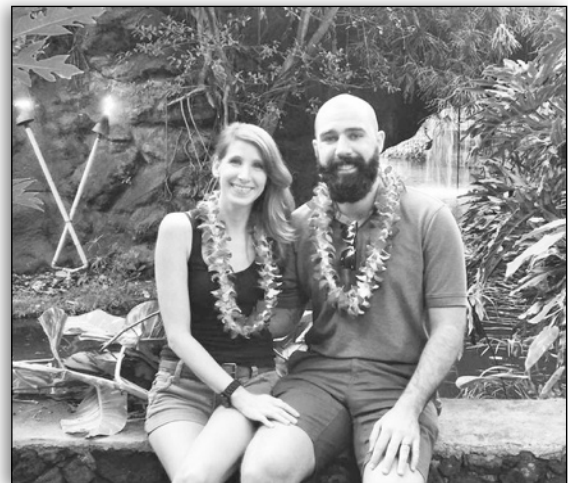
Lots of our IAS Princesses have been traveling recently! Here's a pic of IAS Adult Princess 2015 **Anne-Bernadette Dail** with IAS Teen Princess 2005 **Sara Rhodes** this January in the **Big Apple**! Like many of our IAS Princesses, AB and Sara grew up dancing together in **An Cor Rud (The Reel Thing) School of Irish Dance**. And check out the other pic of Sara with her boss, **THE Michael Flatley!!!** Sara toured as a dancer in Europe in 2015 as part of the **Lord of the Dance** cast, and she is currently appearing on Broadway in the show with him! Proud to say we knew you when, Sara!



IAS Adult Princess 2015 **Heather Walker Warren**, IAS Little Miss Princess 2015 **Caelin Warren**, and mom/grandmother **Eileen Walker** fit in a pre-Christmas cruise to the Caribbean last month – Princess Lines, of course! Here's a pic of Heather & Caelin at one of their port o' call visits, this one in **Secret Harbor Resort, St. Thomas, Virgin Islands**!

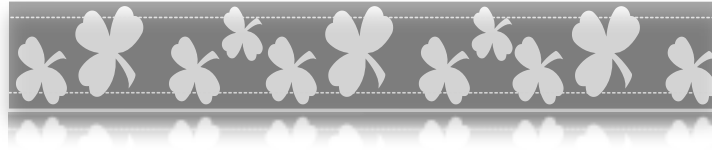


Welcome back to IAS Adult Princess **Bridgett Cherry Sakach**! Bridgett and her hubby **Darryl** spent the holidays in **Hawaii**! Here's a pic of them celebrating New Year's Eve at a luau in paradise!



See this month's **Cu Corner** feature elsewhere in this newsletter for some pix and observations from our IAS Adult Princess 2000 **Lynnette Fitch Brash**, who is living with husband **Edward** and whippets **Nev & RiRi** in Glasgow, Scotland, this semester!





DONATION FORM

Want your donation posted to the website faster?

Give by credit card online at StBaldricks.org or
by phone at 888.899.BALD (2253).

Scott MacGregor **813303**
 Participant/Fundraiser Name ID#
2016 **Yes Way, Jose!** **T-103248** **Hampton Roads Shave to Raise! E-8040**
 Event Year Team ID# Venue ID#

Step 1: Donor Information

[This gift is from a Business or Organization/Foundation](#)

OR

[This gift is from an Individual](#)

Name of Business or Organization/Foundation

Contact Name

Job Title

Prefix First Name MI Last Name

Recognition Name (to display on website)

Step 2: Email Address

Email Address:

Go green! Providing your email address lowers our costs and benefits the environment.

We do not sell, rent, exchange or otherwise share your information with any other organization or individual.

Step 3: Optional Gift Information

☐ Please make this gift **ANONYMOUS**
(Only the participant will see your name.)

Please make this gift:

☐ In Memory Of

☐ In Honor Of

Name

Step 4: Mailing Address

☐ Home ☐ Work

Address

City

State

Zip

Phone:

☐ Home ☐ Work ☐ Mobile

Step 5: Donation

Donation Amount: ☐ \$1,000 ☐ \$500 ☐ \$250 ☐ \$100 ☐ \$50 ☐ Other \$ _____

☐ **Check**

Make checks payable to: St. Baldrick's Foundation

Please write the participant ID in the memo line of your check.

☐ **Cash**

Never put cash in the mail.

Turn in your cash donation to the participant or at the event.

Double Your Donation

Apply to your company for a matching gift. Check with your Human Resources Department or email MatchingGifts@StBaldricks.org

Donations are fully tax deductible to the extent allowed by law.
IRS nonprofit ID # is 20-1173824.

Thank You!

Please return this completed form with your donation to your participant, or send to:

St. Baldrick's Foundation, 1333 S. Mayflower Avenue, Suite 400, Monrovia, CA 91016



ST. PATRICK'S DAY PARADE 2016

SIGN UP TO CARRY A FLAG!

Jim Hagerty is taking names and making lists. The Annual **Saint Patrick's Day Parade** will be Saturday, March 19th in Ocean View, Norfolk.

Sign up with him to carry one of the flags

Represented are the the U.S. Flag,
the Republic of Ireland Flag,
the Provinces Flag, and
the 32 County Flags.

email Jim at jimbohagerty@gmail.com



St. Patrick's Day 2016



FINNEGAN'S WAKE

March 5, 2016

Church of the Ascension Community Center
Doors open at 6:30 p.m.
Adults \$15.00 - Children \$10.00

contact Mike Bromley
757-572-2835

